

SHANGRI-LA RESTAURANT

AUTHENTIC ORIENTAL CUISINE

TAKE AWAY MENU

2016 Version

OPENING HOURS (Mon to Sat):

5:30pm - 11:30pm

01291 622959

17 ST MARY STREET • CHEPSTOW • MONMOUTHSHIRE • NP16 5EW

www.s-la.co.uk

SET DINNERS (prices per person)

- A (minimum 2 persons) £11.00**
 Malaysian Satay Chicken, Mini Spring Rolls & Crispy Seaweed
 Beef with Green Peppers in Black Bean Sauce ✓
 Sweet & Sour Chicken Hong Kong Style
 Stir Fried Mixed Vegetables ✓
 Special Fried Rice OR Chow Mein
- B (minimum 3 persons) £11.50**
 Mixed Hors D'oeuvres
 Prawns with Ginger & Spring Onions
 Sweet & Sour Chicken Hong Kong Style
 Beef Curry ✓
 Deep Fried Bean Curd with Diced Vegetables & Cashew Nuts ✓
 Special Fried Rice OR Chow Mein
- C (minimum 4 persons) £12.00**
 Shangri-La Deluxe Mixed Hors D'oeuvres
 Special Mixed Seafood with Green Peppers in Black Bean Sauce ✓
 Stir Fried Chicken with Cashew Nuts in Yellow Bean Sauce
 Deep Fried Shredded Beef with Chilli ✓
 Shangri-La Monk's Mix ✓
 Special Fried Rice OR Chow Mein



- D VEGETARIAN (minimum 2 persons) ✓ £11.00**
 Malaysian Vegetarian Satay, Mini Spring Rolls & Crispy Seaweed
 Sweet & Sour Bean Curd Hong Kong Style
 Mock Meat Curry ✓
 Shangri-La Monk's Mix
 Egg Fried Rice OR Plain Chow Mein

MAXIMUM 1 DISH CHANGE PERMITTED

THE CLASSICS

Create Your Favourite Dish

INGREDIENT

C	CHICKEN	£5.30
D	ROAST DUCK	£5.90
P	ROAST PORK	£5.30
B	BEEF	£5.30
L	LAMB	£5.70
KP	KING PRAWN	£6.00
F	FISH <i>Monk</i>	£6.20
SQ	SQUID	£5.70
SC	SCALLOPS	£6.70
MM	MOCK MEAT ✓	£5.00
T	TOFU (Bean Curd) ✓	£4.80

SPECIAL MIXES

- SM1 MIXED SEAFOOD** £6.60
Squids, Prawns & Scallops
 a) Malaysian Style Kung-Po ✓
 b) Szechuan Style ✓
 c) Green Peppers in Black Bean Sauce ✓
 d) Ginger and Spring Onions
- SM2 MIXED MEAT** £6.00
Chicken, Beef & Roast Pork
 a) Oyster Sauce
 b) Szechuan Style ✓
 c) Green Peppers in Black Bean Sauce ✓
 d) Ginger and Spring Onions
- SM3 MIXED CURRY** £6.00
Prawns, Chicken, Beef, Roast Pork, Peas, Mushrooms & Onions

COOKING STYLE

- a Szechuan Style ✓
 b Black Pepper (*Chicken, Beef & Lamb ONLY*)
 c Curry ✓
 d Thai Style Curry (*Green or Red*) ✓
 e Malaysian Style Kung-Po ✓
 f Kung-Po ✓
 g Green Peppers in Black Bean Sauce ✓
 h Ginger & Spring Onions
 i Mixed Vegetables
 j Satay (*EXCEPT Roast Duck, Roast Pork & Fish*) add 30p
 k Cashew Nuts add 30p
 l Cashew Nuts in Yellow Bean Sauce ... add 30p
 (*Chicken, Roast Duck & King Prawn ONLY*)
 m Mushrooms (*EXCEPT Squid*)
 n Young Corn & Chinese Mushrooms add 30p
 (*EXCEPT Roast Pork, Fish & Squid*)
 o Oyster Sauce

Select any of the given **INGREDIENT** with the above **COOKING STYLE** of your choice

Cc Chicken Malaysian Style Kung-Po = £5.30

KPk King Prawns and Cashew Nuts = £6.30
 i.e. £6.00 + 30p = £6.30



APPETIZERS

A1	Shangri-La Deluxe Mixed Hors D'oeuvres (Min 2 persons) per head £7.20 <i>Satay Chicken, Peking Style Spare Ribs, Butterfly King Prawns, Deep Fried Squid & Stir Fried Scallops with Celery</i>
A2	Mixed Hors D'oeuvres (Min 2 persons) per head £5.10 <i>Satay Chicken, BBQ Spare Ribs, Sesame Prawn Toast, Mini Spring Rolls & Crispy Seaweed</i>
A3	Malaysian Satay (4 skewers) Served with Cucumber, Onion and traditional Peanut Sauce
	a) Mixed Meat £5.60
	b) Beef £5.60
	c) Chicken £5.60
	d) Vegetarian ✓ £4.30
A5	Crispy Seaweed £3.90
A6	Prawn Crackers £2.00

SEAFOOD

A7	Squid with £6.00 <i>Deep Fried ...</i>
	a) Sweet & Sour Sauce
	b) Sweet Chili Sauce ✓
	c) Garlic, Salt & Chili Pepper ✓
A8	Prawns with Garlic, Salt & Chili Pepper ✓ £6.00
A9	Garlic Prawns with Lettuce £6.00
A10	Butterfly King Prawns in Breadcrumbs £6.00
A11	Pancake Prawns £6.00 <i>King Prawns wrapped in thin pastry deep-fried with Tasty Dip</i>
A12	Sesame Prawn Toast £5.10

CHICKEN

A13	Smoked Chicken with Spicy Salted Chillies ✓ £5.60
A14	Fried Chicken Wings with Thai Sweet Chili Sauce £4.90
A15	Fried Chicken Wings with Garlic, Salt & Chili Pepper ✓ £4.90

DIM SUM

DS1	Glutinous Rice with Chicken Wrapped in Lettus Leaf £3.30
DS2	Steamed Prawn Dumpling (4) £3.60
DS3	Steamed Minced Pork Dumpling (4) £3.30
DS4	Pan-Grilled Meat Dumplings (4) £3.40
DS5	Crispy Won Ton with Sweet & Sour Sauce £3.80
DS6	Meat Pancake Rolls (2) £3.50
DS7	Mini Vegetable Spring Rolls (8) ✓ £3.70

SOUPS

S1	Won Ton Soup £3.10
S2	Crab Meat & Sweet Corn Soup £2.80
S3	Chicken & Sweet Corn Soup £2.80
S4	Chicken & Mushroom Soup £2.80
S5	Chicken & Noodle Soup £2.80
S6	Tom Yum Soup ✓ £3.10
S7	Hot & Sour Soup (Vegetarian optional) ✓ £2.90
S8	Mixed Vegetables Soup ✓ £2.70

ENTRÉE

E5	Crispy Aromatic Mock Meat ✓ £7.90
E1	Crispy Aromatic Duck Served with Pancake, Spring Onions, Cucumber and Yellow Bean Sauce a) Quarter £8.10 b) Half £15.10
E2	Crispy Mongolian Lamb £8.10 Served with Pancake, Spring Onions, Cucumber and Yellow Bean Sauce
E3	Spare Ribs £5.60 a) Peking Style b) Barbecue Sauce c) Plum Sauce d) Dry Roasted
	a) Honey Roasted f) Sweet & Sour Sauce g) Garlic, Salt & Chili Pepper ✓
E4	Lettuce Wrap a) Chicken b) Pork £5.80
E5	Vegetables Lettuce Wrap ✓ £5.20

SCALLOPS

SC1	with Mange Tout & Celery £6.70
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FISH

	<i>Deep Fried Cod with ...</i>
F1	Thai Sweet Chili Sauce ✓ £5.50
F2	Garlic, Salt & Chili Pepper ✓ £5.50
F3	Green Peppers in Black Bean Sauce £5.50
F4	Ginger & Spring Onions £5.50

KING PRAWNS

KP5	Shangri-La Prawns with Crispy Egg £6.20
KP1	Peking Style £6.00
KP2	Deep Fried with Thai Sweet Chili Sauce ✓ £6.00
KP3	with Mange Tout & Celery £6.20

ROAST DUCK

D1	Chinese Style with Sauce and Vegetables £6.10
D2	with Plum Sauce £6.10
D3	with Pineapple £5.90
D4	with Orange Sauce £6.10

CHICKEN

C1	Chinese Style with Bean Sprouts £5.30
C2	Deep Fried Shredded Chicken with Chili ✓ £5.80
C3	with Pineapple £5.30
C4	Lemon Chicken £5.50

FILLET STEAK

FS1	Mandarin Style £10.30
FS2	with Black Pepper £10.30



Over 250
Authentic Dishes



BEEF

B1	Peking Style £5.30
B2	Deep Fried Shredded Beef with Chili ✓ £5.80
B3	with Fresh Tomatoes £5.30

ROAST PORK

P1	Chinese Style with Vegetables £5.30
P2	Stir Fried Aubergine with Minced Pork in Hot Bean Sauce £5.50

CHOP SUEY (Bean Sprouts)

CS1	Special Mixed Prawns, Chicken & Roast Pork £6.00
CS2	King Prawns £6.00
CS3	Chicken £6.00
CS4	Beef £5.30
CS5	Roast Pork £5.30
CS6	Mushroom ✓ £4.20

SWEET & SOUR

SS1	Prawns Hong Kong Style £6.00
SS2	Prawns in Batter (OR served with Lemon) £6.00
SS3	Fish Hong Kong Style (Cod Fish) £5.50
SS4	Chicken Hong Kong Style £5.30
SS5	Chicken in Batter £5.30
SS6	Pork Hong Kong Style £5.30
SS8	Bean Curd Hong Kong Style ✓ £4.80

FOO YOUNG (Omelette)

FY1	Special Mixed Prawns, Chicken & Roast Pork £6.00
FY2	King Prawns £6.00
FY3	Chicken £5.30
FY4	Mushroom ✓ £4.50

VEGETABLES

V5	Shangri-La Monk's Mix ✓ £5.20 with Young Corn, Chinese Mushroom, Chinese Leaf, Bean Curd & Mange Tout
V1	Chinese Seasonal Vegetable £5.00 <i>(Pick One with Oyster or Garlic Sauce)</i>
V2	Mushroom Curry ✓ £5.00
V3	Mixed Vegetables Curry ✓ £5.00
V4	Aubergine in Hot Bean Sauce ✓ £5.00
V5	Bean Sprouts with Spring Onions ✓ £4.20
V6	Mushroom & Onion ✓ £4.20
V7	Vegetables Szechuan Style ✓ £4.60
V8	Mixed Vegetables ✓ £4.60

NOODLES & RICE

ADD 10p FOR CANTONESE NOODLES
(Large container) **NOODLES / RICE**

NRS	Shangri-La Special (forty noodles) £6.00 £5.70 with Prawns, Chicken, Beef, Roast Pork & Vegetables in Gravy
NR1	Special Fried £5.30 £5.10
NR2	Singapore Style (Vermicelli) ✓ £5.50 £5.30
NR3	Malaysian Style Mee or Nasi Goreng £5.50 £5.30 <i>Fried with Shrimps, Chicken, Roast Pork & Egg</i>
NR4	with Mixed Vegetables Dry or with Sauce £4.70 £4.70 <i>Fried ... Add 30p for Large Portion</i>
NR5	with Prawns £5.10 £4.90
NR6	with Shrimps £4.60 £4.40
NR7	with Duck £5.10 £4.90
NR8	with Chicken £4.60 £4.40
NR9	with Beef £4.60 £4.40
NR10	with Roast Pork £4.60 £4.40

MORE NOODLES & RICE ...

CHOW MEIN (Noodles)

N5	Shangri-La Ho-Fun £6.00 with Prawns, Chicken, Roast Pork, Egg & Vegetables in Gravy
N1	Malaysian Chow Kwal Teow ✓ £5.50 <i>Fried Ho-Fun Noodles with Shrimps, Chicken, Roast Pork, Egg & Bean Sprouts</i>
N2	Japanese Fried Udon ✓ £5.50 with Shrimps, Chicken, Roast Pork, Bean Sprouts & Peppers
N3	Fried Ho-Fun in Black Bean Sauce with a) Chicken £5.60 b) Beef £5.60
N4	Crispy Noodles in Black Bean Sauce with a) Chicken £5.60 b) Beef £5.60
N5	Fried Vermicelli (Rice Noodles) with Vegetables ✓ (Singapore Spice optional) £5.30
N6	Plain Chow Mein Small ... £3.10 Large ... £4.40 <i>(Cantonese Noodles optional)</i>

RICE

R1	Thai Fried Rice with Chicken & Pineapple (Large) £5.10
R2	Egg Fried Rice Small ... £2.90 Large ... £3.30
R3	Steamed Rice Small ... £2.70 Large ... £3.10

EXTRA PORTIONS

EP1	Chips £2.50
SA1	Sweet & Sour Sauce £2.20
SA2	Barbecue Sauce £2.20
SA3	Curry Sauce £2.20
SA4	Satay Sauce £2.40
SA5	Chilli Oil £1.10